

uplifteducation Counseling Services

- The Department of Student Support Services at Uplift Education offers an innovative and robust mental health counseling program staffed by highly qualified mental health professionals, including, but not limited to, state Certified School Counselors (CSCs), Licensed Professional Counselors (LPCs), and/or Licensed Master Social Workers(LMSWs). Social/Behavioral Counselors at Uplift Education implement a school-based mental health model which prioritizes mental health and well-being of scholars.
- Program components include
 - responsive counseling services
 - guidance and prevention curriculum
 - and system support
- As licensed mental health clinicians, Uplift Counselors are proud to offer short-term professional mental health counseling services and crisis assessment.

- El Departamento de Servicios de Apoyo Estudiantil de Uplift Education ofrece un programa innovador y sólido de asesoramiento sobre salud mental integrado por profesionales de la salud mental altamente calificados, que incluyen, entre otros, Consejeros escolares certificados (CSC) estatales, Consejeros profesionales con licencia (LPC) y/ o Trabajadores Sociales Maestros Licenciados (LMSW). Los consejeros sociales/conductuales de Uplift Education implementan un modelo de salud mental basado en la escuela que prioriza la salud mental y el bienestar de los estudiantes.
- Los componentes del programa incluyen
 - servicios de consejería receptivos
 - currículum de orientación y prevención
 - y soporte del sistema
- Como profesionales licenciados en salud mental, Uplift Counselors se enorgullece de ofrecer servicios profesionales de asesoramiento de salud mental a corto plazo y evaluación de crisis.

RESPONSIVE COUNSELING SERVICES

Responsive Services
consists of activities
designed to meet the
immediate needs and
concerns of students.
These needs often include:
individual counseling, small
group counseling, staff
consultation, crisis
counseling, and/or serving
as an information and
referral source to Uplift
families for appropriate
external mental health care.

GUIDANCE AND PREVENTION CURRICULUM

Social/Behavioral Counselors
deliver a Guidance Curriculum
consisting of structured psychoeducational lessons for all Uplift
Education students in grades K12. Guidance Curriculum at Uplift
Education is designed to promote
positive mental health
development. Additionally,
Social/Behavioral Counselors
deliver prevention trainings to
scholars on topics such as
substance abuse prevention
and teen dating violence
prevention.

SYSTEMS SUPPORT

Social/Behavioral Counselors help support the success of the overall school system by sharing their mental health expertise with colleagues, other school faculty, school leaders, parents and community partners. Social/Behavioral Counselors serve as standing members of student service-related committees such as SST/RTI, and are available by appointment for consultation to support a variety of needs.

Family Therapy

Uplift Education places a high priority on the social and emotional health of our scholars. Uplift Education's Counseling Services Program brings a licensed mental health professional to each school to promote the social-emotional well-being of our scholars.

We are happy to extend our social and emotional health focus beyond the campus to our families through free family therapy services.

Available in English and Spanish

Can help families improve communication and resolve problems.

Can include all members of the family, just those willing or able to participate, or other individuals close to the family.



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For more information, please email us at counseling@uplifteducation.org, use the QR code or visit us on the web at upliftparent.org/Page/15636.