

HEALTH SERVICES AND ATHLETICS

Family Townhall



uplifteducation

Uplift Athletics



High School Athletics – Grades 9-12

University Interscholastic League (UIL) – Hampton, North Hills, Summit, Williams
Texas Charter School Academic & Athletic League (TCSAAL) – Ascend, Atlas, Elevate, Grand, Heights, Infinity, Luna, Mighty, Wisdom

Middle School Athletics – Grades 6-8

Uplift middle schools compete in our own inter-district middle school league
Uplift Middle School Athletic League (UMSAL)



Uplift Athletics



www.RankOneSport.com

Athlete participation paperwork is completed online for all Uplift scholars MS & HS

☒ Complete physical ☒ Medical History ☒ Sign all electronic forms

All scholars must have a physical, medical history, and all electronic forms completed prior to participating in a try-out, practice, or event.

Teams practice after school 2-3 times a week and play games twice a week on weekday evenings. UMSAL has championship tournament games that are played on Saturdays

Fall sports

Volleyball

Cross Country (XC) ***

Flag Football

Cheerleading ***

Spring sports

Basketball

Soccer

Track & Field

Baseball ***

****Each Uplift campus has different sport offerings – Contact your campus Athletic Coordinator to ask campus specific questions. (list on next slide)

Uplift Athletics



Philip Gomez - Uplift Athletic Director – pgomez@uplifteducation.org

Atlas

HS- Brian McGowan - bmcgowan@uplifteducation.org

MS- Madison Davis - mdavis@uplifteducation.org

Ascend

HS- Brahzetta Henry - bhenry@uplifteducation.org

MS- Keerstin Love - klove@uplifteducation.org

Hampton

HS- Chelsea Bell - cbell@uplifteducation.org

MS- Ryan Range - rrange@uplifteducation.org

Elevate

HS- Omar Chavira - ochavira@uplifteducation.org

MS- Omar Chavira - ochavira@uplifteducation.org

Heights

HS- Keviyon Manuel - kmanuel@uplifteducation.org

MS- Shateek Nasir - snasir@uplifteducation.org

Grand

HS- Adam McCoy - amccoy@uplifteducation.org

MS- Denae Swan - dswan@uplifteducation.org

Infinity

HS- Colton Silvia - CSilvia@uplifteducation.org

MS- Matthew Price - mprice@uplifteducation.org

Luna

HS- Devodrick Ross – Dross@uplifteducation.org

MS- Esra Jackson - EsJackson@uplifteducation.org

Mighty

HS- Richard Young - Riyoung@uplifteducation.org

MS- Adriane Davis - Addavis@uplifteducation.org

Summit

HS- Renita Davidson - rdavidson@uplifteducation.org

MS- Sherona Edwards - sedwards@uplifteducation.org

Williams

HS- Taylor Walker - tawalker@uplifteducation.org

MS- Alyessa Soden - asoden@uplifteducation.org

Wisdom

HS- Ashleigh Franklin - asfranklin@uplifteducation.org

MS- Katherine Golden - kgolden@uplifteducation.org

North Hills

HS- Kenneth Gober - kgober@uplifteducation.org

MS- Mireda Rubayo - mrubayo@uplifteducation.org

UPLIFT HEALTH SERVICES



Our Commitment

- To provide a healthy environment in which our students can learn and thrive.
- To comply with all state and local health orders, mandates, and guidelines in order to ensure the health and safety of all individuals on campus.
- Uplift Education encourages all staff and age-eligible students to get vaccinated.
- Masks are strongly recommended but not required. However, Uplift reserves the right to more restrictive mask wearing guidance if metrics change beyond the school site or district's capacity to ensure safety

UPLIFT HEALTH SERVICES



TO ENSURE SCHOLARS HEALTH AND SAFETY

- Promote routine, frequent and proper hand hygiene (soap and water or hand sanitizer) is one of the best ways to avoid spreading germs. Everyone should continue the habit of washing hands frequently at home and at school.
- Schools will continue to teach and reinforce washing hands throughout the school day, as well as hygienic practices such as avoiding contact with one's eyes, nose, and mouth, and covering coughs and sneezes among students and staff.
- Handwashing stations are situated in various locations on campus and hand sanitizer is available in all classrooms.
- Custodial staff will continue regular cleaning of school sites. Cleaning involves wiping down high-touch surfaces to remove surface contaminants.
- In the event of a confirmed case of illness, custodial staff will use high-grade sprayers with a sanitizing product that is EPA approved for use against COVID-19 within 24 hours.
- Staff and classrooms have access to paper towels and spray bottles of a cleaning solution to wipe down any shared surfaces.

PROGRAMS OFFERED THROUGH UPLIFT HEALTH SERVICES



- Flu clinics
- COVID Testing
- COVID Vaccine Clinics
- Telehealth Visits on Campuses
- Vision/Hearing/Scoliosis screening

QUESTIONS???



- LaTonja Heath, MSN, BSN, RN

Director of Health Services

Cell:469-704-8464